

The Weekly Newsletter of THE ROTARY CLUB OF NEW LONDON

District 7980 Club 6741

PO Box 654, New London, CT 06320

CLUB NEWS

AUGUST 1, 2024

Upcoming Events for Rotary Club of New London

- 8/22 **Summer Picnic** at Ted and Ruth Rossi's home in Eastern Point Beach, Groton, CT
- 9/13 **Brewfest at the Beach** @ Ocean Beach Park 6pm-9pm
- 9/15 Rotary Opus for Peace
 event: Julia KushigianSecor, speaker, "The Resilient
 Apocalypse and Peace" @
 Public Library of New London
 4pm
- 9/21 Rotary Opus for Peace
 event: International Peace
 Day Panel Discussion
 celebrating Marvin Espy's
 exhibit "Up from Asphalt.
 Voices from the Ground" @
 Lyman Allyn Art Museum
 4pm

Invite a Friend to Rotary

We have all experienced the positive effect Rotary can have on individuals, our community, and the world. Why not share that with a friend? Invite someone you know to a Rotary meeting—it just might change their lives (and yours) for the better!

Summer Picnic

Mark your calendar and save the date on **August 22nd** for this summer's picnic at Ted and Ruth Rossi's home in Eastern Point Beach. Groton. CT.

The location has wonderful views and they have upgraded the outdoor space with a new patio and deck out over the water.

Ted is always looking to entice us and this year's menu will feature his chef's delicious chowder, antipasta, gourmet burgers and mixed grill. The Old World Pizza truck out of New Haven will also be on site.

RSVP's are needed for this event so let President Val know of your attendance and any guests. <u>westv8804@gmail.com</u> 860-918-0521

Community Meal Center

Our club volunteers on the 2nd Thursday of each month to serve at CMC. Please let Anna Lathrop know if you can help, anna@gourmet-galley.com. We begin at 4pm and are done by 6:15pm. Your help is always appreciated.

"You cannot get through a single day without having an impact on the world around you. what you do makes a difference, and you have to decide what kind of difference you want to make from this moment on."

TODAY'S PROGRAM

District Governor Visit

DG Robert Friend

Weekly Meeting 12:00 Noon at THE THAMES CLUB 290 State Street, New London

Aug 15 NL Maritime Society

Aug 29 Waterford/East Lyme Animal Control

Robert Yuchniuk

For those unable to attend in person, please join us for our weekly Rotary meeting via Zoom.
Go to ZOOM.COM and click "JOIN A MEETING" and enter the info below.

ID=895 9471 7490 PW=512184

GREETER

Aug 1 Pam Akins

INVOCATION

Aug 1 Pam Akins

SONG LEADER

Aug 1 Pam Akins

BIRTHDAYS

Aug 1 Sarah Rogovin

ANNIVERSARIES

Aug 2 Jerry & Chris Fischer

Aug 4 Chris & Mary Neilan

Aug 7 Mirna Martinez & Jesse Good



CLUB NEWS JULY 25, 2024

Rotary International Foundation

Giving to the Rotary International Foundation is a great way to make a difference in the lives of millions. Programs in the United States and around the world benefit from your generosity. It's easy to give through automatic withdrawals and there is no minimum–every donation matters! To donate to Rotary International, please go to myrotary.org/donate or scan the QR code below.

If you have not yet registered, you will need to log in with password.
Choose amount of donation and Fund you would like it to go to. Please be sure to include Club number 6741 and your Rotary membership number. If you do not have it, please contact Ed Cramer at winetalk177@aol.com.



code below.

3rd Annual Chikumbuso Run/Walk

On **August 24** Chikumbuso will be holding its 3rd Annual Run/Walk the village in honor of Colburn Graves and to support the work of Chikumbuso.

I know that you are already great supporters of our work, however, it would mean a lot to us to have Rotary members participate in this day. It is a lovely run/walk down a dirt road returning the same way. Wear your rotary t-shirts and do some advertising!

The proceeds from the event were earmarked for college students but we have changed direction and will be using the monies to support those facing hunger due to the drought and ensuing national food crisis. Many, many, many people are hungry in our neighborhood and are losing their homes because without work they are unable to pay rent.

Go to https://chikumbuso.liveimpact.org/li/7546/sevent/evt/home/215411/69 and sign up on line or use this direct QR code.



International Service Director, Julia Kushigian Secor, attended the recent Eastern Pequot Pow Wow in North Stonington, CT. New London Rotary has worked with the Eastern Pequots to establish an Indigenous Little Free Library which has been well received.



We would love to have a great turn out of Rotarians this year! Please consider our special day!

Sincerely,

Linda Wilkinson





CLUB REPORT JULY 18, 2024

By Todd Gipstein



ur speakers today were **Lisa Otto**, CEO, and **Kate Careb**, Senior Director of Advancement of the Child and Family Agency of the Child and Family Agency of Southeastern CT. CFA provides services to a third of Connecticut including New London, Windham, and Middlesex Counties. Since 1972, the CFA has been at the forefront of social service development in the area. It has worked to enrich the lives of local families and provide accessible, high-quality programming. The CFA is dedicated to ensuring that all in our community – especially those most in need – have greater access to quality programs and services that will enhance their lives, shape their futures, and give them a tangible measure of hope.

The CFA's mission is to provide mental health, medical, and supportive services in accessible ways to meet the evolving needs of our local communities. Its vision is to ensure community health and well-being through innovative leadership and sustainable partnerships. The CFA's values embrace excellence, compassion, respect, integrity, inclusion, transparency and adaptability.

The Child and Family Agency annually serves more than 10,000 children, families, and adults through its mental health, medical, and supportive services. CFA's consultants work with school administration, teachers, support staff, and caregivers pursuing its primary goals of classroom support, student support, and family outreach.

The past few years have seen tremendous growth and remarkable progress for the CFA. With its waiting rooms bursting with clients, the CFA is trying to keep up with demand and deliver quality services while tackling a severe workforce shortage and fiscal challenges.

The services the CFA offers to Southeastern CT. are diverse. They include Mental Health, Medical, Support for children and families, and clinics. The CFA has facilities to help treat

people but also goes into the community to provide help. For example, it provides high-quality mental health and medical services through its School-Based Health Center program.

Its Outpatient Clinic provides mental health services to children adults and whole families, addressing issues of depression, conflict, anxiety and trauma. The CFA also has an Urgent Crisis Center providing walk-in mental and behavioral crisis care for youth ages 4-18. Beyond its outpatient clinics, the CFA also provides in-home services.

There are other programs: Healthy Futures, helps expecting parents and families. Early Care & Education and Child Welfare Programming provides treatment and support to families negatively impacted by child abuse and neglect and/or Intimate Partner Violence. A new program is the Early Childhood Mental Health Consulting Program to support children Pre-K to 2nd grade in their school or home environments.

The diverse range of programs and services the CFA offers reflects its commitment to help our local communities. It also reflects the scope of the need for these services as children, adults and whole families struggle with a range of emotional, physical, and behavioral challenges.

One doctor on the CFA's video quoted Ghandi: "The best way to find yourself is in the service of others." Clearly, those working for the CFA, like Rotarians, understand the need and value of service above self.



Lisa Otto, Val West, Kate Careb



Club Officers, 2024-2025

President Carmelo Foti President-Elect Mary Lenzini Vice President Mark Spinnato Secretary Andy Russell Treasurer Alan Lvon Sergeant-at-Arms John Bysko Immediate Past President Valerie West

Board Of Directors

2025 Lee Cole-Chu, Pam McNulty Hennessey,

Todd Gipstein

2026 Andrew Gilday, Mirna Martinez,

Mark Spinnato

2027 Gigi Gonzalez-Cottrell, Gail MacDonald,

Kristin Magnussen

Club Committees

Rotary Youth Service Todd Gipstein, Director

Student Of The Year Christine Hammond/

Barry Neistat

High School Awards Barry Neistat

> **Rotary Membership** Mary Lenzini, Director

Fellowship/RAH Val West Classification Andy Russell Information Kris Magnussen Sunshine Brian Cole Diversity/Membership Dev. Jerry Fischer

Rotary Community Service Gail MacDonald, Director

Camp Rotary Tracee Reiser Centennial Playground Rick Gipstein Holiday Book Drive Anna Lathrop Community Meal Anna Lathrop

Service Person/

Veteran's Day Program Mary Lenzini Little Free Libraries Julia Kushigian Secor Vale Harvard Regatta Lee Cole-Chu Thanksgiving Turkey Fund Pam Mcnulty-Hennessev

Rotary International Service

Julia Kushigian Secor, Director

Peace Building Val West

> Rotary Club Service Lee Cole-Chu, Director

Audit John Bysko

Awards Paul Harris Val West

Carl Wies Anna Lathrop Tom Wetmore Julia Kushigian Secor Mary Lenzini Phil Turner Ed Cramer Nominating

Anchor Gail MacDonald/Todd Gipstein Music Chris Neilan

Mark Spinnato **Program Fundraising Committee** Mary Lenzini Golf Kate Lee/Alex Marku

Brewfest Keith Turner/Victoria Mueller By-Laws Lee Cole-Chu Pienie Val West/Ted Rossi

Anchor Ad Sales

Installation Committee Victoria Mueller **Public Relations** Gail MacDonald/

Sophia Gipstein Scirrico Website Gail MacDonald/

Sophia Gipstein Scirrico

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