

CLICK HERE to see and print the **GREEN CALENDAR**

Speakers

November 17, 2021

Dr. Adam Janik, Chief of Palliative Care, Alta

Bates/Summit Hospital

December 01, 2021 TBD

December 08, 2021
John Swartzberg, Professor
Emeritus, School of Public
Health, UC Berkeley
"What Will the New Normal
Post-Pandemic Look Like?"

Events

December 3rd
"Let's Chat About Rotary"
December 9th
Supportive Housing
Toiletries Packing Day

Birthdays

Elizabeth Holl Tyler November 16th Maurice Gene Marcus November 19th John J. O'Dea November 27th Judith Anderson Glass November 29th John Pardee December 2nd Sheila Sabine December 3rd **Arlene Marcus** December 3rd Kathy Huff December 9th

Matt Hastings
December 11th
Preston Staley
December 15th

Larry E. Kinsey December 15th

Club Announcements

By Linda Cogozzo

Next Meeting. Wednesday, November 17, 2021, 12:30 PM PT. Attend in person at First Presbyterian or via Zoom, according to your comfort level. Dr. Adam Janik, Chief of Palliative Care at Alta Bates/Summit Hospital, will speak on "Advance Care Planning: Having Conversations About What's Important to You When You Are Very Sick." The speaker is provided by Team #3, the Lise Meitner Team; Bob Sorenson, Lynne Henderson, and Austin Henderson, Captains.

Now available: LUNCH! We ve been bringing our lunch to First Presbyterian in these first weeks of hybrid meetings, but we now have the opportunity to order our individual salad or sandwich each week from Table Catering, the same folks who



fed us before COVID restrictions. Table Catering will deliver a fresh, made-from-scratch lunch to you in a compostable container or a glass one. You order it and pay for it online by Sunday, and they will have it for you at the following Wednesday meeting. Beth Roessner and Tina Etcheverry gave rave reviews last Wednesday for their lunches. Do bring your own drink, though; we haven t gotten that aspect ironed out yet! Here the website with all the information you li need: https://www.thetablecatering.com Note: you will have to create an account as the first step in ordering your lunch. Once that is done, you won that the process every week.

Reminder. In observance of Thanksgiving, there will not be a club meeting on Wednesday, November 24, 2021.

It's Time to Bring Guests to First Pres

By Arlene Marcus



After a month of fine tuning the protocols for our inperson meetings we can now begin inviting guests to join us at First Presbyterian Church. If you have invited a guest to come in person you must be there to meet them. Members are responsible for explaining the rules to their guests ahead of time, including the necessity for proof of vaccination at the door, and registration on the First Presbyterian form (posted on our website). These are clearly outlined in the Wednesday morning email, which members may

forward to their guests. Or copy and paste the list of rules from last week seemail and send them that; the protocols do not change.

Farewell to Our Friend Rika

Most of you have come to know Rika Niikura, Global Grant Scholar from Tokyo, Japan. She has attended almost every Berkeley Rotary meeting since her arrival in February. I have had the pleasure of being Rika s sponsor since she arrived and it has been a delight to introduce her as a special guest at the weekly meetings. We have had many fun experiences together visiting many places including museums, Muir Woods, and sailing on the Bay courtesy of One Neil Dillon. One of her



favorite museums is the Charles Schultz Museum in Santa Rosa. She says it is quite different from the one in Tokyo.

Rika is a graduate architecture student at Cal, specializing in southern California homes from the early 1900s to about 1950. She is particularly interested in the built-in sofa concept and how it can be used to take advantage of indoor-outdoor aspects of home design. You may wonder why she came to Berkeley rather than Southern California. Well, her answer is simple--Berkeley is the best. We have, of course, also introduced her to the many famous architects from Berkeley spast. Being a visiting student during the COVID pandemic has been a challenge. It has had an impact on her ability to meet other students and academics in her field. Fortunately, Rotary is here, and she says it has provided her with many opportunities that would not otherwise have been available.

Read More

Berkeley Interact Visits BFN

By Tina Etcheverry



Berkeley High School Interact students toured the Berkeley Food Network (BFN) warehouse and pantry last weekend, learning more about the role this organization plays in addressing the problems of food insecurity and food waste. The BFN has developed a sustainable model for getting healthy and culturally appropriate food to all Berkeley and Albany residents who may be experiencing food insecurity.

Our BHS Interact Club hopes to join the volunteer workforce in this wonderful program. Thank you to Shayna Moss (BFN Volunteer Coordinator) for giving us an excellent tour.

Berkeley Rotary is proud to be a major supporter of the BFN through our two-year Connection Grant.

Providing HOPE for Berkeley Residents

By Elizabeth Holl Tyler

Presented by the Hedy Lamarr Team and the Supportive Housing Committee, our speaker on November 10 was Calleene Egan who is the Executive Director of the Berkeley Food & Housing Project (BFHP). This was Calleene s first in-person presentation since before the pandemic and she was bursting with energy and good news on the accomplishments of BFHP.

Entering its 60th anniversary year, BFHP has been a long-time provider of homeless services to the community and now also serves Alameda, Contra Costa, Solano, San Joaquin, Sacramento, and Amador counties. BFHP believes that everyone has a basic right to healthy food, housing, and stability, and works one-on-one with its clients to help them move towards independence and safe and affordable housing as quickly as possible.



View of the Hope Center from Shattuck (Architectural Rendering by LMS) Read More