

Rotary District 6670 Newsletter October 2015

http://www.rotary6670.org



Be a gift to the world

District Leaders

William P. Shula

District Governor

Mike Kelly DG-Elect

Marcus A Mabelitini

DG-Nominee

Laura Erbaugh

District Secretary

John C Applegate

District Treasurer

Arne J. Almquist
Assistant Governor

Gregory A. Birkemeyer

Assistant Governor

Michael J Chapman Assistant Governor

Robert Degenhart

Assistant Governor

David R. Edwards

Assistant Governor

John Haller

Assistant Governor

Michael S. Ivory

Assistant Governor

Wendy Kissel

Assistant Governor

Dottie MeadeAssistant Governor

James M. Perry

Assistant Governor

Anthony Frank Ricciardi

Assistant Governor Brent Ross

Assistant Governor

Frank H. Scott

Assistant Governor Michelle L. Sherrill

Assistant Governor

Sigrid Solomon

Assistant Governor

Don A. Walls
Assistant Governor

Robert C Young II

Assistant Governor

Upcoming Events

District Trilogy
September 09
Rotary Leadership Institute
November 14

District Governor Updates..."Be a Gift to the World"



Thank you all for your prayers and get well wishes following my most recent leg surgery on September 22.

I have thoroughly enjoyed my club visits! We have great service going on throughout our District plus a number of International Projects.

Trilogy: Our event was great on September 9 with over 100 Rotarians and students in attendance. Hopefully, all of our clubs will support RYLA - Rotary Youth Leadership Awards (April 15-17), Four Way Test Speech Contest (April 10), Interact Programs, Rotaract Programs and Yout Exchange.

Paul Harris Fellow Program: We are one of three Districts selected to participate in the two for one point program. Please donate prior to October 15. You will receive double points and receive a Paul Harris for

Youth Exchange: Heath MacAlpine from the Dayton Rotary Club has graciously accepted the District chair position for District Youth Exchange. Many thanks to Janet Metzelaar for her outstanding past service.

We will need club commitments for participating and selecting outbound and inboundstudents for 2016-17. Please begin the process.

Presidential Citation 2015-16: Hope all clubs have reviewed the information concerning being a Presidential Citation Recipient. All Presidents have the criteria. All clubs are eligible to participate and achieve. This is an excellent tool to improve your clubs. The deadline is March 31, 2016.

World Polio Day October 24: Please-we need to all focus on the eradication of polio. Please have your club focus and discuss Polio this month.

District Conference -- April 29 and 30:

"Celebrating-Sharing our Gifts to the World" Please mark your calendars and plan to attend our year end celebration. We would like to celebrate and recognize our great clubs and Rotarians for sharing their gifts to our communities and the world.

Also, we will have a Next Generation mini conference for Interactors and Rotaractors on Saturday April 30 from 10 AM to 2 PM. More to come!

Please be an engaged Rotarian!

Join Rotary Club of Cincinnati's Making Strides Against Breast Cancer Walk Team

The Rotary Club of Cincinnati's Women 2 Women Committee has organized a team to participate in the Making Strides Against Breast Cancer walk on Saturday, October 24, 2015, at 8:30 am. When you support our team with a donation or join our Rotary team, the American Cancer Society will be able to help more people in more communities touched by breast cancer by funding groundbreaking breast cancer research, providing free comprehensive information and support, and helping people take steps to reduce their breast cancer risk or find it early when it is most treatable. Custom-printed Rotary dri-fit shirts are available for purchase. Net proceeds from the shirts will be donated to Making Strides/American Cancer Society.



Click Here to Make a Donation or Join Our Team

<u>Click Here to Purchase a Custom-Printed Rotary Making Strides dri-fit shirt (deadline to order shirt is October 12, 2015)</u>

Rotary Leadership Institute: Becoming a More Effective Rotarian

How strong is your Rotary knowledge? Do you know the ins and outs of the Rotary International Foundation? Are you familiar with the differences between leading a business and leading a volunteer organization? Are you moving into a position of leadership in your club? A great way to develop the knowledge and leadership skills to make you more successful in Rotary leadership is to attend Rotary Leadership Institute classes. You will have that opportunity on Saturday, November 1th at the Greene County Career Center in Xenia!

Rotary Leadership Institute (RLI) provides a unique opportunity for Rotarians to become more familiar with the workings of Rotary, in turn, becoming more effective and committed leaders. Not an official Rotary program, it is a grassroots leadership development training series that is offered in districts throughout the world. Any Rotarian is welcome to attend! It is also suggested that clubs select engaged members who are moving into leadership positions—not just presidents, but board members, other officers, committee chairs, or anyone in any leadership capacity in his or her club—and send them to the training sessions.

Most of us started out as Rotarians with little knowledge of how Rotary really works. Attendance at RLI can accelerate the process of "Rotarization," toward a more satisfying Rotary experience by giving you a thorough understanding of how things work. Also, while many of us are leaders in our businesses, leadership of volunteers is a much different experience. RLI provides important training in how to work with fellow members to accomplish important goals.

RLI is offered in three parts, each of which builds on the previous level. Each level consists of a daylong training session conducted by past District Governors, selected past Presidents, and past RI Directors. On November 14, we will be offering all three parts. If you have previously taken part 1, enroll in part 2. If you have taken parts 1 and 2, enroll in part 3.

By the way, we hit an important milestone at the March, 2015 RLI sessions – we now have a faculty of instructors who are all from District 6670!

To sign up, click this link: http://www.hoa-rli.org/rli/upcoming-rli/, scroll down the list to District 6670 and select part 1, 2 or 3 as appropriate. A simple online form will appear. The cost of the training is \$70, which can be paid online through PayPal or you may pay by check onsite. If you have questions, please contact Arne Almquist (aalmquis@hotmail.com).

So, if you are currently in club leadership, look for those rising, potential new leaders among your members. If you're interested in learning more about Rotary and enhancing your leadership skills, sign up online. I hope to see a good crowd of Rotary leaders at the Institute on November 14th!

-- Arne J. Almquist, RLI Coordinator, Rotary District 6670

Cincinnati Club Honors Dr. Henry Heimlich at the Cincinnati Reds Game



The Rotary Club of Cincinnati and the Cincinnati Reds took part in a special pre-game ceremony as a tribute to Honorary Club 17 member, Dr. Henry Heimlich, at the September 30, 2015, Cincinnati Reds game. In 1974 Cincinnati-based world renowned physician, Dr. Henry Heimlich, invented the Heimlich Maneuver, which as saved hundreds of thousands of lives in this country and all over the world. Since that time millions of schoolchildren and adults have learned about the Heimlich Maneuver though the "Heimlich Heroes" organization's goal to establish Heimlich Maneuver classes in schools throughout the country. The Cincinnati Reds presented Dr. Heimlich with a personalized Reds jersey and the Rotary Club of Cincinnati presented

him with a Paul Harris Fellow and a donation to his charity, Heimlich Heroes.



In the Photo: Heimlich Heroes Representative; Dr. Henry Heimlich; Bud Dornette, President; Mike LeVally, Foundation President; Linda Muth, Executive Director; and Janet Metzelaar, Member all from the Rotary Club of Cincinnati

The Rotary Foundation Matching Points Program

Dear Fellow Rotarians. The Matching Points Program for our Rotary Foundation is still accepting submissions for those that wish to take advantage of the program. **Act now, the program is scheduled to end on October 15, 2015.**

Those Paul Harris Fellows, Multiple Paul Harris Fellows, Major Donors, Benefactors and contributors to the Rotary Foundation in our district get a good feeling knowing that they are supporting one of the top foundations in the world. Each of us hopes that our contributions helps to fund our favorite projects, from local district grants to world-wide grants. And you know what, that's exactly what happens with the dollars; they "Do Good Around the World". We are Rotarians - we are "Good People Doing Good Things.

The Foundation needs continuous input to match the continuous output. Our input, or "fuel", comes in the form of our donations. One of the most prestigious recognition awards for supporting the Foundation is the Paul Harris Fellow (PHF) award. It recognizes a significant contribution to The Rotary Foundation.

A generous amount of Foundation points has been donated for use by our district that will match a minimum contribution of \$100.00 to your Foundation Account (we all have one, it is started when you joined Rotary). When that account reaches a balance of one thousand, you become a PHF, with all of the recognition that comes with it, including a very nice certificate and lapel pin.

If you are already a PHF, your next increment of one thousand becomes a Multiple PHF. Why become a Multiple Paul Harris Fellow? Remember that fuel that keeps the Foundation running? That's why I encourage you not to stop at one, or two, or seven PHFs, well you get the picture. When you notice people wearing their PHF pins, many may have stones in the pin indicating their level of multiple PHF. Three blue sapphires, for example, is a PHF+3. That's the original one plus three more for a total of FOUR PHF awards. Three red rubies equals a PHF+8, or the original one plus eight more for a total of NINE. "Good People Doing Good Things" - that's Rotary.

If you have not started your account yet, a donation of one hundred dollars will be matched to make your account balance two hundred. Many of us got our first PHF in small increments and not all at once. Here's a unique opportunity to have your personal donation matched. Know that 1/2 of what is donated to our Annual Fund comes directly back to our district after three years. This is how our district grants are funded. The rest will remain in the Rotary International World Fund and will do good around the world.

You also have the opportunity to become a first-time Paul Harris Fellow for a five hundred dollar contribution. It will be matched and your will receive the honor of your first Paul Harris Fellow.

For those that want to go from zero to five, for example, a twenty-five hundred dollar donation will be rewarded with a Paul Harris Fellow +4 after matching, or a total FIVE PHFs. One thousand dollars becomes a 2X PHF with the match, and so one.

So far, people have:

- Made a smaller contribution to start their account, knowing that it is doubled, thus decreasing the time until they can complete their account someday. Note: \$100 minimum for all matches.
- · Become a first-time PHF
- Become a multiple PHF
- Jumped up several levels in the PHF awards
- Increased their PHF level AND honored someone else with a PHF (\$500 + 500 Match)
- Honored someone else (son, daughter, spouse, grandchild, etc.) with a PHF (\$500 + 500 Match) but kept their PHF level the same

Please consider this opportunity to fuel The Rotary Foundation and check out the picture. One of my personal Rotary Moments was when this family sent their daughter out to give me ice cold water on a very hot & humid day in Thailand. You see, I was visiting a "Rotary Village" built through the funds donated by good people like you and me - by Rotarians that did not know these people, or the thousands of others affected by the tragic Tsunami, that stepped forward and, with the help of our Foundation, built an entire village. The streets are labeled as Rotary 1, Rotary 2 Rotary 6 and so one; street after street of homes for those that lost everything. The Rotary Logo is at the gable of each home.



And this young girl, whose mother saw my Rotary-logo shirt, comes up to me and says, "THANK YOU ROTARY". She thanked me, little old me from the Batavia Ohio USA Club. I cannot even begin to express what that moment meant to me, to all of us, to hear "Thank You". Now, I know the thank you was meant for Rotary and Rotarians. But that's what we are! So, on behalf of all of us, I accepted their "Thank you", and I pass it on to all of you. "THANK YOU".

In my heart, I really want to think that part of my contributions went to build her house. It might not have directly, but I do know that it did do good somewhere in the world. Your contribution will too.

Yours in Foundation Giving,

Mac Hickman

Now Accepting Applications for District Governor 2018-2019

Each year, District 6670 seeks out candidates to serve as District Governor. The DG, as this person is known as, acts as the Chief Executive Officer of the district and serves a one year term. Each newly selected DG spends two and half years preparing for his or her year of service. For the first six months this person is called the District Governor Nominee Designate (DGND). July 1 each year, the title changes, first to District Governor Nominee (DGN), then District Governor Elect (DGE) and finally District Governor.

We are proud to announce that we are now accepting applications for District Governor for the Rotary year 2018-19, which will begin on July 1, 2018 and end on June 30, 2019. Interviews will be held on January 7, 2016, at which time, a panel consisting of Past District Governors (PDG), the DGE and the DGN will select the next individual to lead District 6670

If you are interested in an opportunity to lead and share your Rotary vision with the 3000 Rotarians in District 6670, please visit the district web site at http://rotary6670.org/ and submit your application to the Chair of the Nominating Committee, PDG Eric Marcus.

Cincinnati-Eastside Rotary Donates Meat to Local Food Pantries

Supports 4-H project at Clermont County Fair

Cincinnati Eastside Rotary donated 175 pounds of meat to local food pantries the week of September 14th to support the seasonal demands of those in need. The meat was processed from a hog purchased by Cincinnati Eastside Rotary at the Clermont County Fair in August. The hog was raised as a 4-H project of Patrick Kelley. Patrick, a resident of Owensville, is a graduate of Clermont Northeastern (CNE) High School.

"The most rewarding aspect of my pigs would certainly have to be witnessing how fast the pigs actually grow up. From farrowing in February to being knocked down by the same pigs in July, to over 200 pounds full grown in August," said Kelley. In his first experience raising a hog, Patrick also faced some challenges along the way and was appreciative of the amount of support he received. "Seeing everyone work together leading up to the fair and preparing the grounds ahead of fair week was a wonderful experience."



Patrick attends Ohio University in Athens, Ohio, as a student in its College of Business. After graduation, he plans to pursue a career in sales and marketing and enjoyed his 4-H experience so much that he plans to show a hog at next year's fair.

Cincinnati Eastside Rotary past-President Daren Donohoo led the effort to purchase Patrick's hog, while fellow Rotarians Mary Eisnaugle and Gail Koford led the distribution. Receiving meat donations from Cincinnati Eastside Rotary were Inter Parish Ministry, YWCA, and the James Sauls Homeless Shelter.

Cincinnati-Eastside Rotary engages in fellowship, service and education each Wednesday during luncheon meetings that begin at noon at Ivy Hills Country Club in Newtown. Its members represent a vast range of business, non-profit and government leaders striving to improve communities. For more information or to join, please visitwww.CincinnatiEastsideRotary.org.

Prospective 2016-2017 Youth Exchange Students Guests of Farmersville Rotary



L to R: PDG & Club President, Orville Bantz, AG Wendy Kissel, Kathy Kitchel, Kelsey Kitchel, Ryan Brock, Carolyn Brock, PDG & YE Compliance Officer, Mac Hickman, and PDG & Farmersville Rotarian, Susan Bantz.

Valley View High School Students, Kelsey Kitchel and Ryan Brock were dinner guests of the Farmersville Rotary Club on September 28th. Accompanied by their mothers, Kathy and Carolyn, the students gave club members a brief bio and explained their reasons for applying for the Rotary YE program. Mac, Orville, and Susan previously visited the students and their parents in their respective homes to answer questions about the outbound procedure. The application is now on-line and is expected to streamline the process. Formal District 6670 interviews will be conducted at a later date.

New Carlisle Rotary - Being a Gift to the World



Good things are happening in New Carlisle. The New Carlisle Rotary Club, led by President Bob Holder, is helping focus Rotary Club members toward several good projects in this community. The New Carlisle Rotary Club is not a new kid on the block- chartered in 1972, the club has 43 years of experience bringing community leaders together, discussing ideas, and taking action to make the community better. And not only in New Carlisle and Bethel Township! The club has taken on international projects, including helping to build a sewer system for a village in Mexico, and putting wells in five villages in Africa where there is a lack of clean, safe water for thousands of people.

This year Bob Holder is leading the club to take on more local community service projects. Rather than place a spotlight on Rotary, Bob prefers to let the club's actions tell their story. The New Carlisle Church of the Brethren Community Meal is a good example of Rotarians following their motto: "Service Above Self". when the church asked for five volunteers, twice that many Rotarians showed up to help. The church started their weekly Community Meal this week, and the New Carlisle Rotary will serve every third Wednesday of the month, through June of next year. Pictured in the attached photo: Rotarians Barb Piccone, Paula Crew, Lowell McGlothin, Suzy Stapleton, Scott Griffith, President Bob Holder and Jason Hanrahan.

The club has also honored Students of the Month in conjunction with Tecumseh High School and Northwestern High School, and awarded as many as five annual scholarships to deserving students in both schools. This year the Rotary Club is also recognizing a student Citizen of the Month- for students who demonstrate good school citizenship as they go through the school year. This new award recognizes students who might volunteer to help another student, work with the custodians and office staff, work with teachers, or any other criteria the building principal feels demonstrates the traits of good citizenship.

There are other annual projects the Rotary Club does to benefit the students and the community. On

Arbor Day, Rotarians visit the elementary schools and give a tree to each student to take home and plant. Rotary also gives a free dictionary to elementary students, to help demonstrate the importance of reading and learning.

The New Carlisle Rotary Club is also working to honor first responders on an annual basis. Led by Rotarian John Pickarski, this effort will be presented later in the year, but will be tied to the celebration of National First Responders Appreciation Day in coming years.

While Rotary has led the way to help end Polio around the world, there remain only two war-torn countries where a few cases are still identified. Rotary International is active there as well. Rotarians around the world give the gift of time, talent and knowledge to improve lives in communities across the globe.

President Bob Holder shared the theme of this year's Rotary International President: "Be a Gift to the World". He said "through Rotary, we can take these gifts and make a genuine difference in the lives of others and in our world. The New Carlisle Rotary Club is making a difference right here in our community.

Twisted Pretzel Bike Tour - Farmersville Rotarians & Interactors Serve Cyclists



Over 550 enthusiastic cyclists of all ages participated in the Twisted Pretzel Bike Tour on September 26th. This charity event is held in conjunction with the Annual Germantown Pretzel Festival. Members of the Farmersville Rotary Club and their club sponsored Valley View High School Interact Club were in charge of the main break station. Twenty five Interactors served hot pretzels, dips, fruit, yogurt, and drinks. The Farmersville Club and Interactors benefited from a portion of the Bike Tour proceeds.

Sidney Rotary October Programs

Oct. 6 (Tues) Joint Rotary-Kiwanis Meeting. Speaker is US Rep. Jim Jordan. No meeting on Monday, Oct. 5. Please note that lunch will be served at 11:30.

Oct. 12 Meeting at Dorothy Love in the NEW Rehab Center!! Mary Moyer will email specifics and directions to the unit. Lunch will be provided at no charge! RSVP will be requested.

Oct. 19 Meeting at Tawawa Park at the Bertsch Shelter House—Rotary Charitable Foundation to present plans for the Rotary Gift.

Oct. 26 Mark Reedy – Mark Reedy's Bike Drive: A philanthropist will share the bike drive that will benefit the Salvation Army! He began this benefit in Piqua last year.

Bellefontaine Rotary Helps Sponsor Interact Leadership Retreat



The Interact Leadership Retreat held at YMCA Camp Willson on September 17, 2015 was sponsored by the District 6670 grant, matched by the Bellefontaine Rotary Club and supported by a generous donation from Liberty National Bank. Netgain Information Systems, Mary Rutan Hospital, National Salt, Stolly Insurance, Lowell Yoder, and Joni Dailey also made donations for supplies.

The purpose of the day was for the students to collaborate on a hands-on service learning project that will culminate in April at the district conference. The project is Shoes for Orphan Souls. This will serve as a service project to promote international understanding.

Sherrie Mathis from the Cincinnati Rotary Club and the 2015-2016 Chair for the District Shoe Drive gave a presentation to the students sharing reasons why shoes matter as far as health, education, and hope. Sherri provided interesting statistics about orphans and child poverty.

The 46 Interact members from Bellefontaine High School, Benjamin Logan High School, and Riverside High School along with their advisers and many Rotarians participated in three sessions focused on team building, leadership development, and challenge course activities.

The final session of the day was carried out by the Bellefontaine High School Marketing Education student organization, DECA. The marketing students will be working with the Interact Clubs on the advertising and promotional efforts throughout the school year.

Blue Ash Montgomery Rotary Member Continues to Put "Service Above Self" as She Fights Cancer



As Rotarian Kimberly Koss continues to battle her extremely aggressive form of triple-negative breast cancer (TNBC), she also continues to be a quintessential example of 'Service Before Self'. Refusing to be sundered by months of brutal treatment regimens that resulted in multiple medical complications, Kim has devoted herself to raising awareness of TNBC, spearheading efforts to raise funds for initial research and achieving her dream of establishing a foundation to provide for its ongoing support.

Against the odds of survival she was given at the time of her initial diagnosis, Kim has seen that dream come true. In July, the Koss National Triple Negative Breast

Cancer Research Foundation received 501c.3 status from the IRS, making it eligible to receive tax-deductible contributions. A kickoff fundraising event takes (took) place Oct. 18th at Kidd Coffee and Wine Shop in Mason OH.

The foundation's sole purpose is to support molecular and cellular studies of Triple Negative and Basal Cell breast cancers, both of which have the highest mortality rates for women they strike but for which there are currently no standardized treatments. Research goals include developing treatments that target molecular components and gene products of tumor cells, which result in far less damage to normal cells. Studies of the proteins on Kim's tumor cells may lead to a reliable blood test for TNBC and other types of breast cancers.

The story of Kim's heroic decision to forego pre-operative chemotherapy so she could provide unaltered tissue and tumor cells for new forms of research into her rare and lethal disease is told in Shirley Stephenson's article, "The Fighter", in the May 2015 issue of *The Rotarian*. It describes the collaboration between Kim and her friend and former research colleague, W. Keith Jones, Chair of Molecular Pharmacology and Therapeutics at Loyola of Chicago University's Stritch School of Medicine. Together they formed the protocols for initial research and began the process of creating the Koss Foundation.

As Jones organized research teams to initiate studies of Kim's tumors and other tissues, Kim reached out to fellow members of the Blue Ash/Montgomery (BAM) Rotary Club in Cincinnati who wanted to help with establishing the foundation. Two of them now hold official positions; Jennifer Black is a member of the Board of Trustees and Joseph Matthews, a past Governor of District 7870, is Chief Executive Officer.

Jones and his colleagues at five laboratories have already achieved significant steps in the research process. They have successfully grown Kim's cells in lab dishes and a colony of mice and are now ready to begin gene product screening, a critical objective in developing effective treatments for TNBC.

Jones will speak on his teams' research goals and achievements to date at the BAM Rotary club meeting at 11:45 Tuesday Oct. 13th at the Crowne Plaza Hotel on Pfeiffer Rd. in Blue Ash.

"I'm so excited that the foundation is a reality," Kim said. "Now there is a means of sustaining this vital research, which can lead to saving the lives of women for whom a TNBC diagnosis would otherwise likely be a death sentence. I am eternally grateful to everyone who has helped make it a reality."

Information on the foundation is on the web at curetnbc.org and at two Facebook links (where donations can be made as well): facebook.com/KossTNBCFoundation and facebook.com/hotpinkactivism.

Kim continues to undergo rigorous chemotherapy--now aimed a tumors in her lungs--as she also endures strenuous regimens of physical therapy and cardiac rehabilitation. Somehow she finds the strength to attend foundation board meetings and give occasional interviews to the media, always stressing the need for supporting the research that might hold the promise of a cure for TNBC. It is proving to be a long and uncertain struggle. But The Fighter continues to lead the battle on all its fronts. Her determination is awe-inspiring. And it makes one believe that ultimately, The Fighter will be The Winner.

Mason Deerfield Rotary Activities

The Mason Deerfield Rotary Club held our annual golf fundraiser August 31st. It was a great day and fun was had by all. We raised over \$13,000 to help us to provide yearly scholarships to local students, school related programs and various other projects. Thank you to all the sponsors, golfers and Rotarians that made this a successful and wonderful day.



On September 19th Rotarians were out in force were we helped Mason Celebrate 200 years at the Heritage Days Festival. We had a great presence as we marched in the parade with our big blow up Rotary Wheel. We sold water and gave out lots of free candy and dog treats. It was great to see so many smiling faces!

Middletown Rotary Activities

September has been an active month for the Middletown Club.

The new members have come in with exuberance and have taken positions as committee chairs. They are attending Trilogy, updating the club directory, taking photos, taking the club survey, activated the Miami University Roteract, and partnered with Midd. Kiwanis Club to read to pre-school and elementary school children.

Other social events in the Middletown community where Rotary members have supported include: the Lyric Theatre, Middletown Arts Festival, Safety Council, Middletown Symphony, and Elley's Hope Playground.

The diversity of speakers continue to add valuable insight to what's happening in the Middletown community. Our City Manager, Doug Adkins, brought an awareness of current City affairs. Police Chief Rodney Muterspaw updated us on new personnel to

communicate with the changing ethnicity. Other speakers like Ben Thaler, from Speaker John Boehner's office, shared the focus of the now outgoing Congressman. Member Ann Munafo explained the new branding and name change of

the Sr. Center where our meetings are being held. The new name is Central Connections. Our new Midpointe Library Public Relations Manager shared the many benefits of our library.

Dora Bronston, President



Cincinnati Eastside Rotary Donates Nearly \$10,000 to Stopping the Abuse Before it Ever Starts



Proceeds from Cincinnati Eastside Rotary's Gala supports worthy initiative

The Cincinnati-Eastside Rotary Club donated nearly \$10,000 to the Stopping the Abuse Before it Ever Starts initiative at a special presentation during its weekly luncheon meeting. The donation was made possible through proceeds from the Club's annual charity gala and silent auction which took place in May.

Among those present to accept the donation was Stopping the Abuse Before it Ever Starts

President, Mary Eisnaugle of Lykins Energy Solutions. "We deeply appreciate the overwhelming generosity of Cincinnati Eastside Rotary and its supporters," said Eisnaugle. "Our program had specific needs related to presentation equipment to continue reaching students and those needs will now be met."

Data suggests each year in the U.S. alone, children's services agencies receive reports of abuse and neglect of more than three million children. Approximately 1,600 children will die each year from their injuries –

more than 75% of those victims under the age of four. Equally troubling is that the majority of abusers are parents. The "Stopping the Abuse Before it Ever Starts" initiative seeks to educate high school-age students about the realities of abuse and the responsibilities of parenting to put an end to these needless acts

"We're pleased to fulfill one of the core missions of Rotary in addressing an immediate need in our community," said Cincinnati Eastside Rotary President, Michelle Edwards. "Stopping the Abuse Before it Ever Starts reaches the majority of high school students in Clermont County so we're hopeful this donation has meaningful impact and can enhance the learning experience for these students."

Cincinnati-Eastside Rotary engages in fellowship, service and education each Wednesday during luncheon meetings beginning at noon at Ivy Hills Country Club in Newtown. Members represent a vast range of business, non-profit and government leaders striving to improve communities. For more information or to join, please visit www.CincinnatiEastsideRotary.org.

Troy Rotarians Learn About Sustaining Good Health



Dr. Andrew Burns of the Living Well Spine Center in Fairborn spoke to Troy Rotary Club on Tuesday, September 15. The focus of his discussion was how daily stresses (physical, financial, emotional and mental) can affect our overall well-being. A summary of his discussion, along with his photo, are in the attached files.

Disc Golf Course Opens in Moraine Thanks to Rotarians



A Ribbon Cutting Ceremony was held on Saturday, September 19th at Deer Meadow Park to open the Moraine Rotary Club Disc Golf Course in Memory of Shane Miller, son of Rotarians Dave & Rosie Miller. The beautiful 18 hole disc golf course called the "Fairways of Hope", winds its way through both wooded and open areas of Deer Meadow Park located at 4321 Pinnacle Road making it a challenge for both veteran and beginner disc players. The Ribbon Cutting Ceremony was hosted by Moraine Mayor Elaine Allison with comments by Moraine Rotary President Martin Fitz, Rotarian Dave Miller and a blessing of the course by Father Ron Combs of St. Henry Catholic Church.

"We have had many additions to Deer Meadow Park this year such as the Exercise Pad and the engraved bench provided by the Moraine Rotary Club. Plus the fishing pond has been stocked twice with bass, bluegill and catfish thanks to the Moraine Foundation and contributions by local businesses. Today is another Moraine 50th Anniversary Project sponsored by the Moraine Rotary Club," stated Mayor Allison.

"Moraine Rotary is proud of our accomplishments as we have raised over \$400,000 in the past 30 years for community service projects. The Rotary Club is proud to be the catalyst behind this disc golf course," added President Fitz. The disc golf course is in memory of Shane Miller who passed away in 2014 at age 20.

"We came up with the idea because Shane was an avid disc enthusiast and a disc course was a recreational need in the community and a perfect fit for Deer Meadow Park". "The Moraine Rotary Club donated \$2,000 and we were off and running," stated Dave Miller. To date, over \$11,000 has been raised for the project thanks to donations from friends, relatives of Shane, businesses, church parishoners and volunteers who helped with the construction of the course.

The course has received extensive play and positive comments from disc players throughout the Dayton area and southwest Ohio. Several course improvements are planned in Phase 2 which will take place in 2016. The course has natural tees for the first year but permanent concrete pads will be added, some drainage issues will be addressed and bat and martin houses will be installed for mosquito control. On each tee sign is a positive inspirational saying or encouraging word. "We want the Fairways of Hope to be a place not just for positive family recreational fun and exercise but a place where families that have lost a child or young adult due to cancer, mental illness, an accident or other illness can find peace and hope. Our Phase 2 goal is to add a brick pathway, benches, trees and a foot bridge near the small shelter house next to the #3 tee where people can go and sit to enjoy the peaceful, relective area by the pond," stated Miller. Information on purchaing bricks and other items will be listed in a future Messenger and on the city web site.

Special thanks go to several businesses who sponsored holes immediately to support the project. JTJ Plumbing and Home Repair (Tom Watts, Jerry, Chris & Delana Dunn), Gray America Corp (Jeff Schroeder), C & D Collision (Charlie & Dawn Bartram), Real Tech (Mike Moorhead), and George & Moni Malacos (Past President of Moraine Rotary Club and CEO of Miami Industrial Trucks).

Thank you to the Moraine Street Division & Superintendent Bryan Campbell for his staff's help in installing the teen posts, signs, baskets and mowing the course to make it look great. Thank you to Pastor Henry Watts Jr. and the Dunn and Watts families who built the beautiful message board for the course and have helped in numerous other ways. Thank you to Jeremy Pennucci of Hazy Shade Disc Golf Store for his advise in the course design and for Tom and Josh Watts for their help on the original layout of the course. Thank you to Matt Miller and his possee for building four foot bridges for the course. Thank you to City of Moraine employees Aaron Vietor and Kim Wallace for their help designing the scorecard, posters, tee signs and map of the course.

Union County Rotary "Breakfast on the Bridge" Fundraiser a Success!

The Union County Rotary club served a pancake breakfast on the Pottersburg covered bridge as part of the annual Covered Bridge and Bluegrass Festival. This is one of several fundraisers our club has each year. This year's breakfast was a huge success, raising more money than we ever have in years past! The money raised will go towards Rotary College Scholarships.



Troy Rotarians To Clean up Roadway

As they have for more than a decade, Troy Rotarians will pick up trash and debris along a two-mile stretch of St. Rt. 55 East in Troy on Saturday, 3 October 2015 at 9 AM. Club members gather to clean up the roadway at least twice a year. John Haller, program chair, estimates they fill 25 trash bags each time and often find interesting items such as a large roll of baling wire and various pieces of clothing.

This semiannual community project is part of the Ohio Department of Transportation's (ODOT) "Adopt-a-Highway" program managed by the Division of Operations. ODOT rolled out the first project in 1989 following suggestions made by citizens to make Ohio a cleaner, and more scenic, state. Since then, more than 1,400 groups, prison inmates and ODOT employees have worked to police highways across Ohio. Volunteers receive training, trash bags, disposable safety vests and two road signs to mark the section of highway being cleaned. For more information on the program, or to become a volunteer, visit www.dot.state.oh.us and select the Division of Operations.