

## Newark Rotary Committees 2018-2019

President	Jack Stickle	Home	740-345-1507	Office	740-345-9864
President-Elect	Barb Quackenbush	Home	740-364-1290	Office	740-670-7041
Secretary	Tom Slater	Home	740-366-6143	Cell	740-398-1690
Treasurer	Ray Barber	Home	614-834-0657	Office	740-366-4444
Immediate Past President	Chuck Moore	Cell	740-877-7272	Office	740-344-7401
Administrative Assistant	Michelle Brandenburg	Email	info@newarkohiorotary.com		
<b>District/International Service</b>	<b>Barb Quackenbush</b>	<b>Home</b>	<b>740-364-1290</b>	<b>Office</b>	<b>740-670-7041</b>
Rotary International Foundation Grants	Mike Massaro	Home	740-344-4852	Office	740-349-5400
World Service	Sharon Phelps	Home	740-587-2360	Office	740-587-5298
Polio Plus	Dave Shull	Home	740-344-6533		
Newark Rotary Foundation Fundraising	Cheryl Snyder	Home	740-587-4190	Office	740-349-3773
	Vacant				
<b>Club Service</b>	<b>Rick Platt</b>	<b>Cell</b>	<b>740-334-3801</b>	<b>Office</b>	<b>740-788-5500</b>
Fellowship/Logistics	Eric Ricketts	Home	740-344-8709		
	Jerry Krebs	Home	740-366-7700	Office	740-334-2469
Club Programs	Cheri Hottinger	Office	740-349-3774	Cell	740-817-1543
Chaplains	Dennis Hesselgesser	Cell	740-344-3888		
Music	Tom Slater	Home	740-366-6143		
Audio Visual	John Carson	Home	740-975-9279	Office	740-788-9000
Sergeant-at-Arms	Pat Jeffries	Home	740-344-3980	Office	740-334-8302
Communications PR/Rotogram	Shannon Walker	Cell	937-604-8583	Office	740-366-6910
Historian	Steve Ehret	Home	740-366-8923	Office	740-345-9791
	Glenn Abel	Home	740-366-6108		
Social	Vacant				
<b>New Generations</b>	<b>Eriech Horvath</b>	<b>Home</b>	<b>614-374-4059</b>	<b>Office</b>	<b>740-920-4099</b>
Scholarship Search	Larry Palur	Home	740-745-2733	Office	740-670-9709
Youth Exchange	Beth Graff	Cell	740-225-9417	Office	740-920-4795
Junior Ethics	Trevor Thomas	Home	740-877-2591	Office	740-788-3118
Student Visits	Doug Ute	Home	740-262-0259	Office	740-670-7000
Read with Me	Jennifer Utrevis	Home	740-788-9556	Office	740-349-9646
Free Enterprise Academy	John Paul Munhall	Home	614-649-9782		
	Brendan Underwood	Office	740-450-2265	Cell	740-605-1981
Interact	Stacy Geller	Home	740-334-0355	Office	740-788-1488
<b>Vocational Awareness</b>	<b>Angie Ryan</b>	<b>Home</b>	<b>740-258-3498</b>	<b>Office</b>	<b>740-522-2149</b>
Membership	Pat Jeffries	Home	740-344-3980	Office	740-334-8302
Orientation	Barry Riley	Home	740-344-1375	Cell	740-334-9196
	Penny Sitler	Cell	740-334-9089	Office	740-522-1341
Mentorship	Jeff James	Home	740-587-4447	Office	740-587-2746
	Marcia Downes	Home	740-587-4695	Office	740-349-9277
Engagement	Leigh Ann Miller	Office	740-323-2355	Home	740-587-7828
Career Xpress	Lori Hubble	Home	740-404-9098	Office	740-522-0000
<b>Community Service</b>	<b>Jeremy Fleming</b>	<b>Cell</b>	<b>740-502-6312</b>	<b>Office</b>	<b>740-344-0316</b>
Special Needs	Talya Greathouse	Home	614-496-7883	Office	740-348-1706
Rotary Awards	Jerry Besanceney	Home	614-394-3908		
	Jim Cooper	Home	740-344-2270		
Rotary Volunteers	Deb Tegtmeier	Home	740-587-2647	Office	740-345-1970

ALWAYS IN OUR MEMORY 2015-16 PRESIDENT ERIN KENNEDY (1960-2015)

### DISTRICT GOVERNORS FROM NEWARK ROTARY

•FRANK L BEGGS: 1927-28 •ROBERT C. BATTAT: 1970-71 •DONN E. ALSPACH: 1988-89  
•DARREL JONES: 1957-58 •THEODORE D. GRILEY: 1976-77 •ROBERT H. MCGAUGHY: 2003-2004

### DIRECTOR, ROTARY INTERNATIONAL

THEODORE D. GRILEY: 1990-1992

### TRUSTEE, ROTARY INTERNATIONAL FOUNDATION

THEODORE D. GRILEY: 2001-2005

# ROTOGRAM

## 2019-2020



## WEEK OF JANUARY 13, 2019



### UPCOMING PROGRAMS

All meetings at Noon Tuesday.

JAN 22: Foreign Exchange Student Maulin, intro **Tony Adams**

JAN 29: Downtown Newark by **Dan DeLawder**, intro **Steve Layman**

FEB 5: Licking County Recycling with **Andrea Krava**, intro **Cheri Hottinger**

### THIS WEEK'S MEETING

ALDI, Inc. by Mr. Russ White, Director of Real Estate

Russ White is the Director of Real Estate for Aldi Springfield, OH Division. Russ' responsibilities include market research, site selection, property acquisition, site planning, site and building permitting, divisional supervision, regional leadership, capital management/forecasting, contractual legal review, as well as construction management. In Russ' twelve years he has completed more than 110 projects and continues to be the regional lead for Aldi's National Real Estate Committee.

Aldi recently announced an aggressive five-year, \$1.6 billion program to remodel 1,300 stores by 2020 in addition to investing \$3.4 billion to expand to 2,500 stores nationwide by the end of 2022. Russ' division completed 17 projects in 2017 (including Newark's expansion) and 21 projects in 2018 (including the new Heath facility.) Russ enjoys spending time at his home on the Darby Creek in Plain City with his wife, two kids and three dogs. To contact Russ please email russ.white@aldi.us or go to www.aldi.us for additional information on Aldi.

### A ROTARY INTERNATIONAL CLUB

newarkohiorotary.us

District6690.org

f /NewarkRotaryClub

Our greeter was **Andy Roberts**. President **Jack Stickle** rang the bell. **Tom Slater & Peter Larson** started us singing R-O-T-A-R-Y. **Cheri Hottinger** led us in the invocation and Pledge of Allegiance. **Tom Slater & Peter Larson** then led the group singing “The New Year Song.”

Guests: President-Elect **Barb Quackenbush** introduced guests Heather Powell, guest of **Jennifer Roberts**; David Goon, guest of **Rick Platt**.

Sergeant-At-Arms: **Pat Jeffries** fined **Barb Quackenbush**, in place of **Doug Ute** for being in an article in The Paw Print; All Members were fined if they weren't happy with the result of the College Football National Championship game; **Peter Larson**, not going through a second time on the piano playing the day's song; **Lauri White**, additional/honor designation she received.

Raffle: Ticket number 5066, **Molly Ingold**, \$15.

Last week reporter **KRod Morris**.



Announcements:

- Students hosted included: Granville HS (Hosted by **Susan Leithauser**). Lakewood was not there today but would be there next week.
- **Nate Adams** announced that tickets were still available for the Big Brother and Big Sister Blue Jackets Bus on January 18th. Contact **Tony Adams** for details and if interested they could sign up today.
- President **Jack Stickle** announced that our club received a thank you card from the Salvation Army for raising \$1,200 for the Salvation Army.

**Dr. Pattye Whisman** introduced Dr. Rachael DeMita. The discussion was titled “Antibiotics–The Good, The Bad and The Ugly”

**Dr. Whisman** introduced Dr. Rachael MeMita who is the new Infectious Disease Physician at Licking Memorial Hospital. **Dr. Whisman** then covered the first part of the presentation to then have Dr. DeMito complete the presentation.

**Dr. Whisman** started by providing a brief history of the use, dating back to its use by military personnel. She explained that the initial use by military personnel was to combat infectious diseases and she stressed the point that to combat diseases we must have vaccines as vaccines help to prevent Diphtheria, Whooping Cough Typhoid among others.

She then went on to clearly define what a Bacteria is compared to what a Virus is then explained the differences. Further emphasis was placed on when antibiotics should be used, explaining that patients should look for healthy alternatives to antibiotics when possible.

Dr. DeMita started her part of the presentation and covered overuse issues associated with antibiotics. The result of overuse of antibiotics includes antibiotics resistance and drug toxicity among others.

During her discussion on C Difficile infection, Dr. DeMita explained that some of the risk factors include: Antibiotic use (Currently, recently or for a long time), Advanced age (Older population are at higher risk), Hospitalization (May occur in or after exposure to health care setting like Hospitals or Nursing homes).

Some of the ways to treat C Difficile Infection was explained by Dr. DeMita as: Oral Antibiotics in outpatient setting, Fecal Microbiota Transplant (FMT) AKA Stool Transplant and Probiotics (Helps to replenish the good bacteria in the colon).

In closing, Dr. DeMita underscored the importance of good Antibiotic Stewardship by Patients and Physicians as she feels it is a very good way to combat the issue. A takeaway provided by Dr DeMita was that Patients must understand that antibiotics do not treat viral infections.

Questions after:

What are some things to do to protect one's self? Answer: Wash your hands as much as possible to reduce the likelihood of infectious diseases.

Are antibacterial soap more effective than regular soap to prevent infectious diseases? Answer: Antibacterial soaps are no more effective than regular soap.

Thought of the week:

To Welcome in the New Year– “There are far, far better things ahead than any we leave behind” – C.S. Lewis