



Parent Aid

Parentaid.org | 520.798.3304



Parent Aid



@parentaidtucson
@lovelikeadad

How long have we been around?

- We started as a volunteer-run program, assisting families beginning in 1990. This was made possible by the 6 Exchange Clubs of Tucson whose mission was preventing child abuse.
- As family dynamics became more complex, Parent Aid evolved to utilize paraprofessional Family Support Specialists to work with families.
- Mission – Preventing child abuse by strengthening families and our community

Primary Prevention

Interventions designed to prevent the onset or future incidence of a specific problem

Secondary Prevention

An early intervention that decreases the prevalence of a specific problem

Tertiary Prevention

Treatment designed to improve quality of life and reduce the symptoms after a disease or disorder has developed

Does not reduce incidence or prevalence

Primary Prevention

- Goal: Decrease vulnerability: reduce risk factors. Prevent disease and dysfunction. Activity: Health promotion: reduction of risk factors. Who? Healthy People.

Secondary Prevention

- Goal: Halt pathological process, shorten duration and severity of disease, limit or delay disability. Activity: Screening for early diagnosis and prompt treatment. Who? People with undetected disease or disability.

Tertiary Prevention

- Goal: Restore person to highest level of functioning within limits of disease. Prevent further deterioration from a fixed or irreversible disease. Activity: Rehabilitation. Who? People with fixed or irreversible disease.

Parent Partners



Eligibility

- Child between 18 months and 5 years old
- Live in Zip Codes
 - Tucson Central - 85701, 85705, 85716, 85719, 85721
 - Tucson Foothills – 85711, 85712, 85715
 - Tucson South – 85706, 85713, 85714, 85756
- Limited availability outside of those Zip Codes

Goal

What's
STRONG
with you

Community Parenting

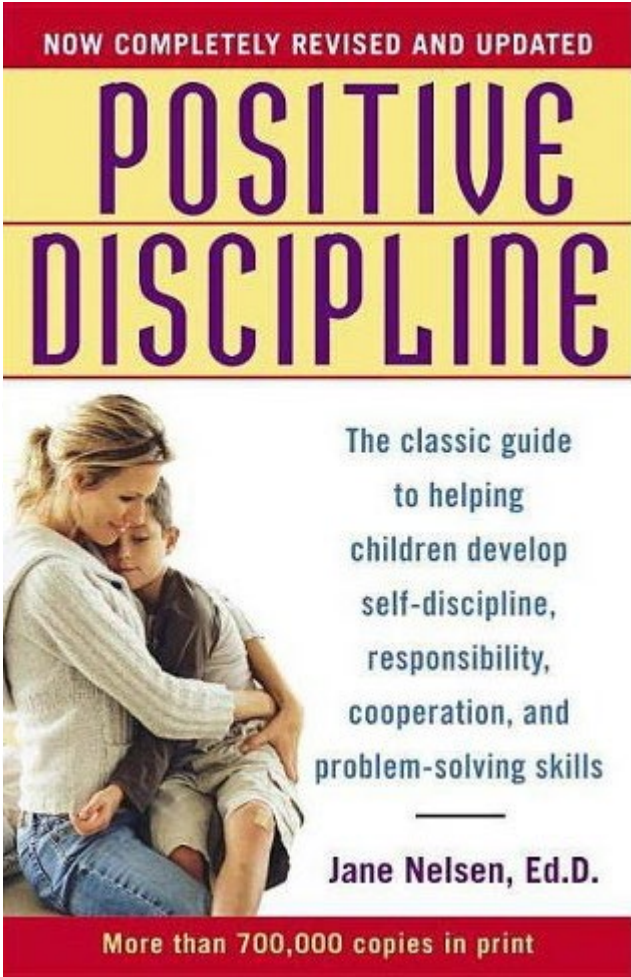
ACTIVE PARENTING™



ACTIVE  PARENTING
First Five Years™

Active Parenting
of **Teens :)**™

third edition



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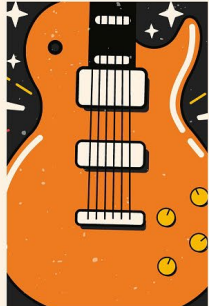
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Parent Aid



CHILDREN'S
ADVOCACY
CENTER



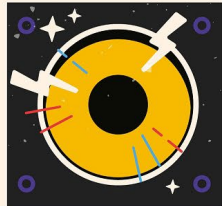
FREE
**PARENT
CAFE**

2021

SEPTEMBER 18TH

ALL PARENTS WELCOME
OFFERED VIA ZOOM

10 AM



**SOUNDTRACK
OF YOUR LIFE!
PARENT CAFE**



Register by
Scanning QR Code
Or going to
<https://bit.ly/PAParentCafe818>



the Original



sign language for babies

zūmbini.®

CREATED BY ZUMBA® &  BabyFirst.

Goal

Keep your
Parent game
STRONG



Love Like A Dad



BOO'I' CAMP

FOR NEW DADS

Boot Camp for New Dads

- 1 day 3-hour workshop
- Offered In-person as hands on experiential practice
- Open to all first-time expectant dads
 - Ideally in last trimester
- Puts Veteran Dads (has a child under 1 year old) and Rookie Dads (expecting) in a room and proves that all participants (dads and babies) survive and thrive
- Babies in the room are the true teachers

Boot Camp for New Dads

- Newborn basics
 - Changing
 - Calming
 - Feeding
 - Swaddling
 - Car Seats
 - Childproofing
 - Sleeping
- Co-Parenting
 - BF Support
 - Communication
 - Labor
 - Resuming Activities
 - Communication
 - Teamwork
 - Diaper bags
- Crying moms
- Crying dads
- Crying babies
- Anger Mgmt
- Peer Support
- Whatever else comes up



Think of the words babies need to hear from their dads...

- I love you
- I understand
- I am here for you

3 NFI Programs



24/7 Dad

- Anywhere from 2 to 12 two-hour sessions
- Offered In-person and virtual
- Applicable to all men-in-families
 - Bio, step, adopted, grand, honorary, etc.
- Open to future/expecting dads, but less applicable

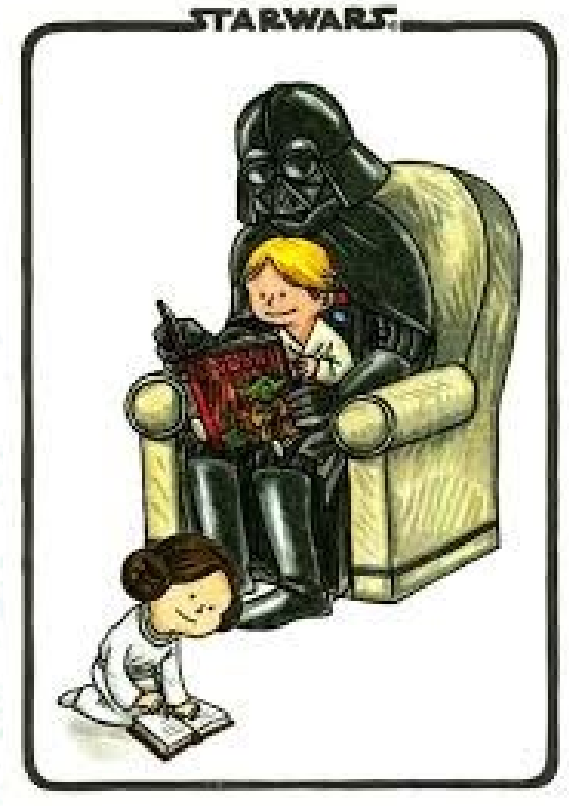
24/7 Dad

- Masculinity
- Family History
- Communication
- Discipline
- Co-Parenting
- Feelings and Emotions
- Anger And Grief
- Stress and Mental Health
- Men's Health
- Work and Family
- Getting Involved
- School Engagement
- Expectations
- Father's Role

What does Connection look like

Think of the words you needed to hear most from your father or father-figure in your life

- I love you
- You are good at this
- I am proud of you



Goal

**Strong
men have
open hearts**



Parent Aid

Coparenting Series

For Moms and Dads who are together, separated, and everything in between

Mom Share

6-week course just for moms.
Topics include:
Working with Dad
Foundation for Positive Discipline
Your Story of Motherhood
Parental Expectations
Partner Communication

Next Series begins on:

January 23 at 5:30 pm

bit.ly/PAmom-Jan23

Male partners and co-parents are encouraged to take Dad-Share



6-week Active Parenting course for Moms and Dads.
Topics include:
Parental Self-Care
Discipline Techniques
Family Communication
Growth & Development
Cooperation & Respect
Promoting School Success

All classes can be found at parentaid.org/calendar
Email Rebecca for questions rebecca@parentaid.org

DAD Share

6-week course just for dads.
Topics include:
Working with Mom
Foundation for Positive Discipline
Feelings and Emotions
Masculinity and Fatherhood
Partner Communication

Next Series begins on:

January 25 at 5:30

bit.ly/PAdad-Jan25

Female partners and co-parents are encouraged to take Mom-Share

Program is designed for Moms and Dads to take classes separately for 6 weeks, then Active Parenting together for 6 weeks. Parents are encouraged to take classes simultaneously but every situation is different and families may opt to take separately. Moms or Dads may enroll individually as well.

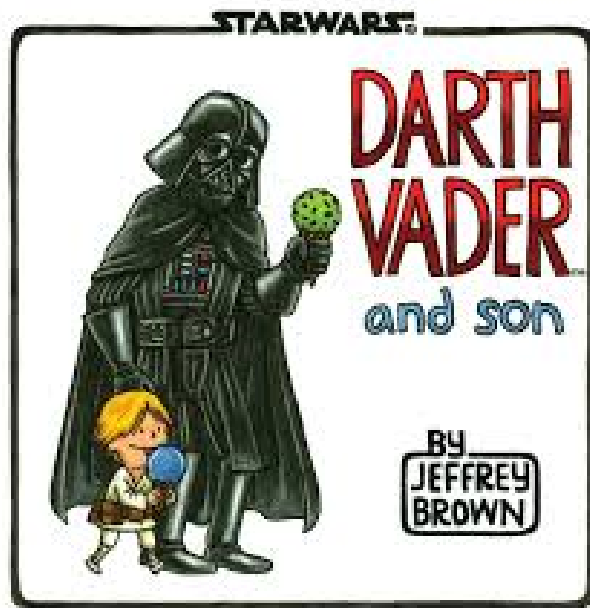


Closing

Questions???

Comments.

Concerns!!!



JOIN US FOR

- Saturday, APRIL 27th
- DoubleTree Hotel Ballroom on Alvernon Blvd.
- Raffles and Live Auction
- Donate
- Participate
- Congregate
- Celebrate

[Parentaid.org](https://parentaid.org) | 520.798.3304



You are Invited to

We Care 2024
**Masquerade
Ball**

PRESENTED BY PARENT AID

**A NIGHT OF
SURPRISES
AND MYSTERY
AWAITS!**

We Care 2024

PRESENTED BY PARENT AID

A Night of Mystery and Surprises awaits!

April 27th, 2024

Join us at the
DoubleTree by Hilton Hotel Tucson - Reid Park
5:30 to 9:00 PM

**TICKETS AND SPONSORSHIP
OPPORTUNITIES AVAILABLE AT**

Parent Aid

[PARENTAID.ORG/WECARE2024](https://parentaid.org/wecare2024)



You won't believe what you'll experience!

Keep Calm and Call Parent Aid

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