



THE HIGHLIGHTER

The Official Monthly Newsletter
of Rotary District 5300

District Conference Registration Opens This Month!

Letter from Governor Christine

Dear Rotarians,

“Rotary District Governors are pretty much all the same. They are jolly men and always supportive, optimistic, and entirely sold on Rotary. They would have to be of that sort to spend the time, effort and money required of a district governor. You see, a District Governor, in addition to other duties, must visit each club in the District.....Do not think, however, that we look forward to the District Governor’s visit with enthusiasm. What the poor man has to day to us is pretty much what the former district governor said to us on a similar occasion the year before.” (quoted from The Rotary Club Murder Mystery, by Graham Landrum) This delightful book is about the murder of the District Governor on the day of a club visit, and was an unexpected, unique gift on the day of my visit from the Green Valley Rotary Club. What struck me was the old-fashioned depiction of a District Governor and the snapshot of what an official visit is like, and thought certainly this must have been written decades ago. What a surprise I had when I saw it was written in 1993! As this month I complete the final “official visits”, I want to share that each has been a wonderful and unique experience, and I thank all of those involved in making them successful.



November is Foundation Month – when all Districts and clubs focus our attention in this direction. The Rotarian magazine shares *26 Ways the Foundation Spells Service*, and I encourage you to read it and share the information at your club. We have so much more on our own website on the Foundation pages. Members give when they know to what purpose their money will be spent. “We know our money will be used well and spent wisely by our fellow Rotarians and that together we can do so much more than we could ever do alone.” says RI President Bill Boyd. “Lead the Way” this month with a gift to the Rotary Foundation.

1	D.G. Monthly Letter
2	District Foundation Report
3	Polio Survivors Visit Glendora Club
4	Hamlet Mbabazi at Arcadia Rotary
5	East LA Rotary & Diabetes Education
6	Exciting Rotary PR Opportunity
7	Arcadia Rotarian travels to Thailand Covina Rotary Fun Run
8	District Conference Update
9	Chino Rotary Press Release
10	Victorville Interactors Run South Pasadena Chili Cook-Off
11	DG Nominating Committee Update San Marino Science Fun
12	Family of Rotary Tips & Tricks 1
13	Editorial

The Rotary Foundation (TRF) Monthly Report

By: Bob Novell, D5300 Foundation Chair

November is the beginning of Rotary Foundation month and already, Rotarians in many District 5300 Clubs are using the resources of Rotary Foundation to reach out to help others.

District Simplified Grants (DSG's).

Funding is now being made available from The Rotary Foundation for this year's DSG's. Clubs are being encouraged to submit grant applications to obtain matching funds (\$500 to \$1,500) from the District for a for new and innovative projects within our local community. We currently have \$25,000 available in DSG funds to support Club projects.

High Desert Foundation Dinner.

A decision was made to postpone this year's High Desert Foundation dinner to the Spring 2007 when travel condition on I-15 and other factors are more favorable.

Rotary Foundation Contact Center.

The Foundation has created a Contact Center (email at contact.center@rotary.org or by phone at 1-866-976-8279) where one can call for requests such as help on Paul Harris Fellow recognition, tracking of contributions made to The Rotary Foundation, requests for routine reports such as Club Recognition Summaries, and general look-up questions, such as "who can help me with Merit Award, matching grant, education programs question." The Contact Center has been place since early September and has already been very effective in helping Rotarians with questions.

International Matching Grants (MG's).

A grant writing seminar for 35 attendees was held on October 14 at Etiwanda Gardens for training our Rotarians on how to complete the paper works for both MG's and DSG's. Philippe Lamoise, the District Governor from District 5340, provided training on MG software which we will be implementing in our District starting this year. This software is already being used in many parts of the world and makes it easier to prepare and submit a matching grant application.

District 5300 3-H Grant.

District 5300 currently has a \$330,000 3-H Grant in Uganda which is expected to help up to 400 high school graduates per year work to earn money for college, and also provide food for up to 5,000 elementary school children per day. Hamlet Mbabazi, a Rotarian from Uganda, crisscrossed the District in October as he spoke to multiple Clubs and other Rotarian gatherings about how this grant was not only bringing hope for a better future to people in a particular area, but also inspiring other parts of Uganda to consider similar Rotary projects.

Richard Daggett of the Polio Survivors Association of Downey

Speaks at Glendora Rotary Club

On October 10, 2006 Richard Daggett of the Polio Survivors Association in Downey gave an overview of Poliomyelitis at the Glendora Rotary Club. Prior to the Salk and Sabin vaccines there was no prevention for infantile paralysis or "polio". Polio is a very old disease and was the most dreaded disease in the 20th century. Because of the efforts of Rotary International polio is mostly eradicated except in parts of India, Pakistan, Africa and Indonesia. Rotary International has spent over 200 million dollars in its "Polio Plus" program where the oral vaccine is given free to children worldwide.

It is believed that Egyptian Pharorah Siptah had polio three thousand years ago and in 1921 President Franklin Roosevelt developed polio. In 1952 there were over 60,000 cases of polio in the United States.



The polio virus is a "fecal-oral route" virus. The symptoms of non-paralytic polio are flu like with no muscle weakness. With paralytic polio over 50% of the muscles are damaged. Polio can affect the limbs, speech, breathing and swallowing. Many people are confined to wheelchairs, or braces.

The March of Dimes campaign was started to help people with polio especially using the "iron lung" for people with damaged lungs. A coin bank was designed as an iron lung for people to contribute. Many mothers raised funds by visiting homes.

In 1955 Jonas Salk developed a vaccine using a dead virus. Later Albert Sabin developed a vaccine with a live virus that is taken orally. Many of us remember getting the polio shots and the sugar cube vaccine in the 1950's. There are over one million Polio survivors and they are the second largest disabled group. Today "post polio syndrome" is seen because of overuse of damaged neuromuscular connections.



The Polio Survivors Association obtains electric generators for individuals that are respirator dependent, as well as funding for adaptive equipment, assistive devices and home care expenses. Information on Polio Survivors Association can be found at www.polioassociation.org.

In 2003 Carol Miller, a polio survivor, gave a very moving speech to the Glendora Rotary Club about her life with polio. She contacted polio when she was 22 and had "bulbar polio" that caused her not to be able to swallow and later in her life not to eat. Her throat and right lung was paralyzed and she was in the iron lung form two days. Carol passed away in February 2006 after living for fifty years with polio and raising her children as a single parent. The Glendora Rotary club gave her a Paul Harris Fellowship award. Unfortunately, the divorce rate is very high among polio survivors. She was an inspiration for all who knew her

If you would like to know more about Rotary's polio plus program or other Rotary programs please contact Paul Hooker CPA at 626-852-7737.

Hamlet Mbabazi Speaks to District 5300 Clubs

By: Geoff Tookey

What can be said about Hamlet Mbabazi that has not already been said. He is a charming, intelligent and exceptional human being. If the world had more people like Hamlet, it would be a much greater place. His energy and enthusiasm transcend the norm. The Arcadia Club had the pleasure of hearing Hamlet on October 27th, and at that time presented him with a Sapphire PHF.



Following an introduction by District Foundation Chair Bob Novell, Hamlet invited Arcadia Rotarians to visit the Bugolobi Rotary Club of Kampala, where one could save 60 bucks on lunch! (based on the price for lunch at Arcadia meetings) He spoke about the new projects for Uganda and its residents who need our support. The plan is to fund a number of community credit unions which will then provide micro-loans to support agriculture and small business. By doing this the residents are allowed to become self-sufficient rather than dependent upon the organizations that are there to help. His beliefs that most types of aid teach people how to spend and not how to produce, is contradicted by this model to assist those with an *average* annual income of \$360.

He also spoke about how Rotarians are second to none and that they use four organs of the body to address projects. Their eyes see a problem and believe they can make a better world. Through their heart they feel compassion and are moved. Their brain allows them to be resourceful and finally their hands where the rubber meets the road, and is essential in completing any project.. The goal is to eventually create eighty of these community credit unions and propel Uganda, the Pearl of Africa, into becoming a deserving partner in world affairs. Hamlet believes this will be the new face of Africa.

Pico Rivera Rotary Club

Submits photo for

District Conference

Photo Contest!



"Cesar Millan "Dog Whisper", Julian, David and Richard at our First Rotary Fireworks Stand in Pico Rivera!"

Diabetes 411

20.8 million Americans – 7 percent of the U.S. population –have diabetes, and nearly a third of them do not know it. These alarming statistics, recently released by the Centers for Disease Control and Prevention illustrate the growing epidemic of diabetes in the United States. Since 2003, the number of Americans with diabetes has risen by over 14 percent, up from 18.2 million!

“These statistics confirm what we already know: diabetes is one of this country’s most prolific and deadly diseases,” said Franco Reyna, Associate Director of Latino Programs for the American Diabetes Association, “Diabetes touches all of us in some way, which is why we must work together to prevent diabetes and to improve the lives of the nearly 21 million Americans affected by diabetes.” says Rudy Salinas, President, Rotary Club of East Los Angeles.

Diabetes is a disease in which the body fails to make or properly use insulin, the hormone required to help it use glucose (sugar) from carbohydrates in food. Glucose is the basic source of energy for the body’s cells. When glucose builds up in the bloodstream, it can cause damage to other parts of the body, such as the heart, kidneys, nerves, and eyes.

There are two main types of diabetes. Type 1 diabetes usually (but not always) develops during childhood, accounting for about 5 to 10 percent of all cases of diabetes. In type 1, the body does not produce any insulin because the insulin-producing cells have been destroyed. People who have type 1 must take daily insulin injections to stay alive.

Type 2 diabetes accounts for 90 to 95 percent of all cases of diabetes. In type 2 diabetes, the body either doesn’t make enough insulin or the cells aren’t able to properly use it.

In the past, this type of diabetes was seen mainly in adults and was frequently associated with increased age. However, over the past several decades, as obesity among children has soared, so too has the incidence of type 2 diabetes.

Facts:

- Each year, 1.5 million Americans are diagnosed with diabetes.
- One in three Americans born in 2000 will develop diabetes in their lifetime

Diabetes is the fifth leading cause of death by disease in the United States. Since 1987, the death rate due to diabetes has increased by 45 percent, while the death rates due to heart disease, stroke, and cancer have declined.

The Rotary Club of East Los Angeles has scheduled Diabetes presentations at their KiderAct and InterAct clubs for parents, teachers, and students. The Club and the ADA will also schedule workshops at local Adult Schools and Churches. Rotary of East Los Angeles strongly encourages all clubs to schedule a program on the growing epidemic of Diabetes and discuss ways to team up on getting the word out before you have to call 911 instead of 411!

For more information, call (800) DIABETES (342-2383) or visit diabetes.org.



Rotary ELA President Rudy Salinas



*Franco Reyna, ADA, at East LA School
giving the Diabetes 411*

Courtesy of Rudy Salinas, Rotary Club of East L.A.

CALLING ALL FOOTBALL FANS

Actually, we are calling all Rotary Fans. A **HUGE** opportunity has been offered to Rotarians of District 5300 and surrounding Districts if they wish to participate. Darry Alton, CEO of the Las Vegas All American Classic (LVAAC), in exchange for Rotarian help in promoting the game in the Southern Nevada Area and selling tickets, has offered to have the Rotary Wheel on one of the 30 yard lines, Rotary Wheel Patches on the Player Uniforms, listing Rotary on all written and other media promotions as a sponsor and possibly two 30 second commercials for RI, one per half. Of course, Rotarians have to come through with the support requested in order to **earn** these free promotions. The game will be carried on the NFL Network (approximately 41 million US subscribers) which as of this year has acquired multi-year broadcast rights to the All-American Classic. The sixth annual All-American Classic game will be played on Martin Luther King Jr. Day, Monday, January 15 at 4:00 PM ET at Sam Boyd Stadium in Las Vegas.



The All-American Classic features more than 100 college all-stars competing in an East vs. West format. This past summer's NFL training camp rosters were stocked with 78 players from the 2006 Classic. "We are excited to become part of the NFL Network family," said All-American Classic President **Darry Alton**. "Having the game played on a national holiday sets us apart from any other all-star game. This deal is instrumental in our future growth."

CEO, Darry Alton wishes to see "his" game become a community event which helps the community and most importantly youth groups and related charities and organizations working with youth. "We look forward to working with the community, to giving back through charitable organizations and to supporting local high school football programs," said Alton. The primary beneficiary last year was the My Best Friend Foundation which works to improve relationships between father and sons. This year, Mr. Alton has included at-risk high schools in the area and the Boy Scouts Of America which will provide the honor guard and tunnel escorts for the teams as well as free tickets to the game.

This year, Mr. Alton has addend the ***Spectrum of Excellence Award Dinner Gala*** to be held on Friday, January 12, 2007 at Bally's Hotel & Casino starting at 6:00pm. "It has always been our desire for the All-American Classic to be more than just a 'game'. This award honors minority individuals who are striving daily to reach a 'spectrum of excellence' on a professional level as well as a personal level and for the betterment of their community; those whose efforts have resulted in empower others, while achieving outstanding professional accomplishments." This event will be hosted by Hannah Brown, LV Urban Chamber President with key note speakers, Gene Upshaw, President of the NFLPA and NFL Hall of Famer and Denzel Washington as key note speakers with a special performance by John Gill.



Gene Upshaw

For the past two years, the Southern Nevada Rotary Clubs have supported the Las Vegas All American Classic in promoting Rotary International and their respective clubs nationwide. This year we wish to continue our support and increase our level of support in order to **earn** the promotions offered and to **earn** the additional promotions offered, specifically the television ads. **SO WE NEED EVERYONE'S HELP!** If you are interested in helping, please contact Maureen A. McKinley at uclachady@aol.com and/or 702 260-9981 or Tom Novotny at tom_arohed@yahoo.com and/or 702-871-1119 If you wish to attend the game, please contact us as well, we will also assist in making reservations at local hotels at special discounted rates.

SO MAKE A WEEKEND OUT OF PROMOTING ROTARY!!!

Water Projects in Thailand Change Lives

By Brad Miller (Arcadia)

Most Rotarians who take a trip speak of cruise ships, tropical beaches or European castles. Not the Weaver family. They spend up to \$2500 per person to travel to the Thai mountains, live in thatched huts, use “squat” toilets, eat things they don’t want to know about... but change forever the lives of the people there with the simple addition of a water supply.

The mountain peoples of Thailand have their own dialects and tradition and are disenfranchised by the Thai government. When water is brought to a village, its not only changes the village way of life but is a symbol to the government, and services such as education (the illiteracy rate is 95%) follow.

Matt and his family participated in the water project as an outreach of Temple City Baptist Church. A coordinator, Mike Mahn is on site in Thailand, selecting the next village and planning for the arrival of volunteers. The villagers may take months to hack a road through the jungle for delivery of supplies. Once it all comes together over a two week period, with the help of volunteers, a gravity fed waterline is installed, a charcoal filter, storage tank and spigots built for the villagers. The project also involves septic toilets for improved hygiene. Once the water supply is established, fish farming, fruit trees and coffee broaden the economic and nutritional base of tribes who barely survive on \$20 per person per year.

Matt’s passion for these projects was evident as he, with his family demonstrated our Rotary Motto – Service Above Self



Covina Rotary (Soggy) Fun Run

By: Ron Fujioka (red badge - Covina Rotary Club)

The Covina Rotary Club held it’s annual “Fun Run” on October 14th. Rotary members braved the rain to feed the participants and a good time was had by all. Previous District Governor Jim Speers (sunglasses) holds umbrella for Jerry Smith, Roy Rico also helped by holding an umbrella for fellow Rotarians cooking. President Dan Banh and Miss Covina made a presentation to a participant at end of run. The day was a lot of fun - as a new member I really enjoyed myself by helping the club and the community.





DISTRICT CONFERENCE NEWS

Starting this month, you will have the opportunity to register for your District Conference which will happen during Memorial Day weekend, May 24th through the 27th, 2007. As you hopefully know by now, our featured program will be Mr. Jack Canfield, author of the “*Chicken Soup*” books and lecture series. Jack will not only be leading part of our Leadership Seminar on Friday morning, but he will also be the keynote speaker during Friday night dinner. You just cannot miss this opportunity. **And in further good news, the Rancho Las Palmas Resort will offer our special discounted room rate from Thursday night through Sunday night, giving you an opportunity to stretch your holiday weekend at only \$125. per night!**

Here is a first time sneak peak at what else your District Conference Committee is in the process of planning just for you: Please contact Rudy Hayek at rudy@rhfitnessconsulting.com with questions or comments!

Thursday 5/24/07	Friday 5/25/07	Saturday 5/26/07	Sunday 5/27/07	Monday 5/28/07
GOLF TOURNAMENT	JACK CANFIELD DAY Leadership Seminar 4-WAY SPEECH (new this year at Friday Lunch!) SPECIAL	Morning Fitness Walk & Stretch DAN STOVER MUSIC COMPETITION	Morning Fitness Walk & Stretch Ecumenical Service Gospel Brunch Flag Presentation and Honoring of Veterans	MEMORIAL DAY HOLIDAY
GOLF AWARDS DINNER	Recognition Dinner for Club Presidents and Jack Canfield Keynote Speech	“Comedy Night” Dinner and R.I. Rep. Keynote Speech	Changing of the Guard Conference Ends at Noon-Enjoy the rest of your day at the resort. Why not stay Sunday night and enjoy Memorial Day in the sun!	

As usual, we will have our informative and motivating Plenary sessions, where we will feature the *projects, programs and accomplishments* you have done all year. Please continue submitting your photographs to Newsletter Editor, Susanne Hayek, so that you can also be entered in the photo contest we will be holding during the conference! Governor Chris wants to recognize and document all of your successes and share them with the rest of your district.

For Immediate Release**Chino Rotary Club****P.O. Box 116****Chino, CA 91709**

Contact: Craig Watkins, Media Chair at 909-287-0255 or Jackie Carroll, Club president at 909-627-3507

Chino Rotary Club Donates \$1000 to Heifer Project

(Chino, California) Chino Rotary Club President Jackie Carroll presented a check for \$1000.00 to Heifer Project International at the club's October 4, 2006 meeting. Heifer Project is a charitable organization that provides farm animals to poor families in an effort to provide food and to help them become self-sufficient. The first female offspring of the family's farm animal is returned to Heifer Project so that it can be given to another family in need.

Heifer Project has deep roots in the Chino Valley. Local dairymen and Chino Rotarians, Willard Bartel and Maynard Engel, were early proponents of the program. When they discovered the US government's plan to purchase surplus cows for slaughter, they arranged to donate the doomed cows to a village in Mexico. The villagers were required to pass on the first female heifers to other needy families in their area. The cows provided an opportunity for villagers to grow a herd, provide food for their families and help others in need. Since that time Chino Rotary has supported Heifer Project International.



Dr. Marion Hammerlund, a local veterinarian who is the area representative for Heifer Project International was on hand at the meeting to receive the check. He told numerous stories of poor families in countries recently devastated by last year's tsunamis who used the animals given to them not only to sustain their families but also to generate income by selling milk and cheese not used by them.

Chino Rotary is made up of over 50 men and women and has been active in the community since 1925. The club annually distributes monetary grants and scholarships to schools, students, teachers, Boy Scouts, YMCA and other community based organizations. Professional men and women are invited to attend Rotary meetings held at 12:15 pm on Wednesdays at the Chino Community Building located at 10th and B Street.

Editor's Note: The above was originally written for submission to news outlets but was also submitted to the District 5300 Highlighter . Normally, this would have been reworked as an article but since it is such a fine example of the type of press release clubs can and should submit to their local newspapers when they have a newsworthy event or project, it has been left unchanged. The only additions to this article are the photo and clipart, taken from www.heifer.org .

Note also that this club has a "media chair" specifically for the purpose of promoting the club's activities.

Victorville Interactors Run Weekly Meeting

Dave Tisthammer

Continuing a yearly tradition, the students who attended the annual Interact Leadership Symposium in Idyllwild were invited to run the Victorville Rotary Club's weekly meeting and report back on their weekend. This year's group of students, led by Victor Valley High School student George Crosby, did an impressive job as they described their experience at the camp this past weekend. All four students agreed that learning how to run meetings and collaborate with others was the most rewarding lesson that they brought home with them, but they also enjoyed the friendships they made and the programs that were organized for them.



Brianna McFashion, Daniel Hernandez and Sarah McNight describe their experiences at the Interact Leadership Symposium

South Pasadena Rotary Chili Cook-Off

By: Dan Watson, President

The South Pasadena Rotary Club's "High Beer and Chili Cookoff" was held on Sunday, October 8. 63 Rotarians and their guests enjoyed an evening of chili, beer, wine, and merriment at the Cookshack in South Pasadena. The Rotarians raised over \$4000 to be used to support a water well project in Africa. Clive Houston-Brown, a member of the Pomona Rotary Club, and Fr. John Bosco, an African Catholic Priest, both spoke to the audience about the need to provide fresh water and the impact a water well can have on the lives of people who don't have clean drinking water.



Fifteen chilis were entered in the competition which was judged by South Pasadena City Manager Lilian Myers, her husband Ken Myers, visiting President of the South Pasadena Kiwanis Club, Veronica Dolleschel, and Camille Levy, last year's chili cookoff winner.

The grandprize "chili bowl" went to Doryce Bohana, wife of Rotarian Norm Bohana. Her "Three Bean Chili" beat other entries including "Widow Maker", "Dishonest John's Rattlesnake Chile", "Chili con Crazy", and "Bubba's Big Surprise".

Rotary President Dan Watson said, "This was our second chili cookoff and, like last year, a good time was had by all who attended and we raised a nice amount of money to support a worthy cause. I'm sure this will be an annual event, and next year I hope to finally take the trophy home." Watson's chili was judged near the bottom of the competition. The people in the photos are: **1** - Doryce and Norm Bohana with the trophy, **2**. Rotary President Dan Watson with judges Lilian Myers, Camille Levy, Veronica Dolleschel, and Ken Myers, and Rotarian Bill Reese, **3** - Clive Houston-Brown, from the Pomona Rotary Club, addressing the guests about water wells.





Your District Wants You

We are looking for one excellent Rotarian to serve as District Governor for 2009-2010. There is probably at least one candidate that your club can suggest.

The Qualifications can be found in the RI by-laws.

The Deadline for receiving nominations will be January 15, 2007.

All nomination forms should be sent by mail, fax or email to, Steve Garrett, 124 North First Avenue, Arcadia, CA. 91006, 626-294-0805 or sq@stevegarrett.com

San Marino Club Makes Science Fun

The San Marino Club is putting on an event at the Huntington Library to benefit 100 3rd Graders at Longfellow Elementary School in Pasadena. The Pasadena Tournament of Roses Queen and Court will be there to interact with the kids and help teach. Jim Folsom is creating a great program in which the students will go through three sessions: Viewing plants under a microscopes, building their own Rose Parade Float from Pinewood Derby Cars, and a Little Shop of Horrors involving scary plants. This is great. Jim dresses up like a mad scientist and cuts pumpkins in half with chainsaws and other crazy things. The Principal confirms due to budget cuts this will be their only science exposure all year. This will be held November 9th from 8am to noon. (Photo at right is from last year's event)



Our Rotary Club will meet for our regular meeting at the Huntington immediately following. Special guests will be Longfellow's principal and Danielle Rudeen of the Huntington Library. But most importantly, the Rose Court will be our program for the afternoon.

Other Rotarians are welcome attend the event as well as the Rotary meeting by RSVP'ing to Greg Custer at 626-441-5111.

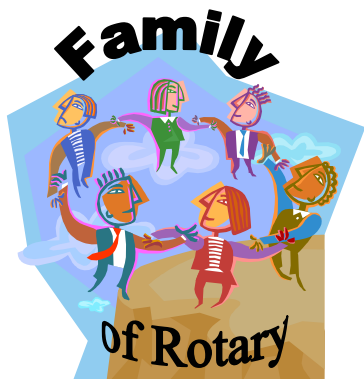
SAVE \$\$-REGISTER NOW FOR INTL CONVENTION!



By registering for the international convention by December 1, 2006, you can save \$40! Pre-registration is \$275; after 12/1 it will be \$315.

WHY ATTEND THE 2007 RI CONVENTION?

1. Family-friendly, fun and VERY affordable.
2. Salt Lake City is clean, safe, and affordable with a world class airport and spectacular scenery.
3. Salt Lake City is within easy driving distance of many national parks.
4. The first World Peace Symposium is scheduled for June 15-16, 2007.
5. The International Institute is scheduled for June 15-16.
6. Genealogy stations will be available throughout the convention hall and the world's largest family history center is only one block from the Salt Palace.
7. GREAT Host Organizing Committee activities and tours at: <http://www.rihost2007slc.org> Attend a rodeo, be inspired by a performance by the Mormon Tabernacle Choir (FREE), enjoy an evening of Host Hospitality with local Rotarians or experience a taste of the Old West at the Rendezvous in the Park



Welcome to these New Rotarians:

Julie Gabin - Rancho del Chino
 Ed Heatley - Rancho del Chino
 Ruth Ann Rosen - Rancho del Chino
 Adam Russell - Claremont SR
 Louise Liuchung - Monterey Park
 Joe Sotro - Industry Hills
 Barbara Nabooka - Ind Hills
 Tim Harrigan - San Marino
 Nico Cifarelli - San Marino

Congratulations on these Births:

To San Marino Rotary President Wayne Carter and wife Judy, on the birth of a granddaughter, Mae Florence, on September 1st. Mae is the 5th "Florence" in her mother's family.

Our Sincere Condolences to:

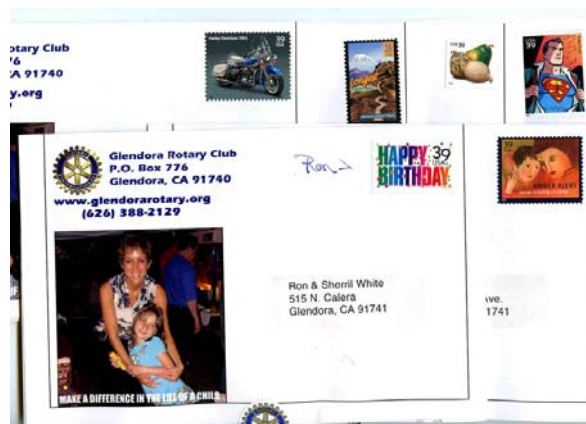
AG Bill Nichols on the death of his mother-in-law

Las Vegas Southwest President Eric Colvin on the lost of his Grandmother

Miles Boardman (Green Valley Rotary) on the loss of his son in September in a tragic truck accident

The Family of Arcadia Rotarian Joe Miller

Tips & Tricks



Jonathon Blake from the Glendora Rotary Club has sent us some great ideas for your mailed newsletter:

Use a variety of interesting postage stamps. Many members look forward to seeing travel stamps, famous people and places, cartoons, old cars and motorcycles, etc. And for members (or their spouses) having a birthday that week you can get a "Happy Birthday" Stamp to recognize their birthday.

We also rotate pictures (weekly) of members (Parents and grandparents) with photo's from R.I. using the "Make a Difference In the Life of a Child" theme on the address side of the weekly mailer.

Another nice touch is using a 1 inch Rotary label to seal the open side of the bulletin so it doesn't get torn when going through the Post Office processing system

The Foundation: Just People Working Together

By Susanne Hayek, Editor



Two weeks ago Rudy and I were privileged to witness the results of our daughter's hard work as a member of the Arcadia Apache Marching Band. She worked all summer, many Saturdays, every Wednesday evening, Monday afternoon sectionals, and more. Amanda is one of about 400 student musicians and color guard who take the field for Arcadia's field show. She is also one of about 140 who form their parade block. It was an awe inspiring experience to sit in the bleachers at the Valencia Field Show competition and watch 400 kids in red and white uniforms stream onto the field. They were given three minutes to be ready. 400 students stand in absolute silence awaiting the director's command. With military precision, every instrument is raised in unison to playing position, snapping up and over to face the director. To say this is "cool" is an understatement. In the audience there is an audible gasp. At the drop of the director's hands there is a sudden blast of sound and motion. The intricate patterns of the band, color guard flags twirling, all to the sounds from "Les Miserables". I know my daughter is so proud to be even a small part of something so magnificent. Every other student on that field and in the parade block has worked and sacrificed for the collective good of the band so that they could be part of something beautiful for onlookers to enjoy. To say we were filled with pride is also an understatement.



Like my daughter in the band who can't see what her efforts look like from the bleachers, sometimes we don't know what our individual impact is; but we Rotarians who give to the Rotary Foundation can feel a sense of ownership and pride when reading an article about the fight against polio, when hearing a Rotary World Peace Scholar speak, when sharing the experiences of Youth Exchange students and GSE team members. Each of us is but a small cog on the wheel but together we do something brilliant and worthwhile, bigger than any of us could do on our own. We are creating a Rotary legacy of caring for our fellow inhabitants of the earth.

The District 5300 Highlighter

is the official monthly publication of

Rotary International District 5300.

Deadline for submissions is the 20th of the month.

The Highlighter is edited by Susanne Hayek,

Rotary Club of Arcadia.

Submissions should be sent as Microsoft Word files and should include

photographs, as .jpg, with photo credits and names of persons appearing in the photograph. Submissions should be sent to: susannehayek@earthlink.net Susanne can also be reached at

626-355-9323 or 626-353-1266